|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Median minutes of recreation-related physical activity on average per day** | | | | | | | | | |
|  | **Male** | | | **Female** | | | **Total** | | |
| Age Categories (Years) | n | Median minutes | Inter-quartile range | n | Median minutes | Inter-quartile range | n | Median minutes | Inter-quartile range |
| 18-29 | 526 | 38.6 | 0.0 - 80.0 | 759 | 0.0 | 0.0 - 8.6 | 1285 | 0.0 | 0.0 - 51.4 |
| 30-44 | 593 | 0.0 | 0.0 - 42.9 | 964 | 0.0 | 0.0 - 0.0 | 1557 | 0.0 | 0.0 - 17.1 |
| 45-59 | 342 | 0.0 | 0.0 - 22.6 | 537 | 0.0 | 0.0 - 0.0 | 879 | 0.0 | 0.0 - 8.6 |
| 60-69 | 159 | 0.0 | 0.0 - 0.0 | 297 | 0.0 | 0.0 - 0.0 | 456 | 0.0 | 0.0 - 0.0 |
| **Total** | **1620** | **8.6** | **0.0 - 60.0** | **2557** | **0.0** | **0.0 - 0.0** | **4177** | **0.0** | **0.0 - 30.0** |
| Location |  |  |  |  |  |  |  |  |  |
| Rural | 1269 | 8.6 | 0.0 - 60.0 | 2140 | 0.0 | 0.0 - 0.0 | 3409 | 0.0 | 0.0 - 25.7 |
| Urban | 351 | 8.6 | 0.0 - 64.3 | 417 | 0.0 | 0.0 - 8.6 | 768 | 0.0 | 0.0 - 38.6 |